

ADULT Client Information

NAME: _____ GENDER: _____ DOB: _____ AGE: _____
ADDRESS: _____ CITY: _____ ZIP: _____
E-MAIL ADDRESS(ES): _____ Okay to get email at this address? Y / N
HOME PH: _____ WORK PH: _____ CELL PH: _____
BEST NUMBER TO CONTACT YOU? _____ Okay to text and leave voice mail at this number? Y / N
SOCIAL SECURITY # _____ DRIVER'S LIC. # _____
SINGLE: _____ MARRIED: _____ DIVORCED: _____ SEPARATED: _____ WIDOWED: _____ LONG TERM REL.: _____
OCCUPATION: _____ EMPLOYER: _____

CONTACT INFORMATION FOR SPOUTSE/NEXT OF KIN:

NAME: _____ GENDER: _____ DOB: _____
RELATIONSHIP? _____
ADDRESS: _____ CITY: _____ ZIP: _____
E-MAIL ADDRESS(ES): _____
HOME PH: _____ WORK PH: _____ CELL PH: _____

REFERRAL SOURCE: _____

ANY OTHER MEDICAL PROFESSIONALS YOU ARE CURRENTLY SEEING (name, type of professional and phone number):

Presenting Information

What are the main problems that caused you to seek help at this time?

When did these problems first begin?

Please check the statement below that best describes the course of these problems since they began:

- The problems have stayed about the same since they started.
 The problems have steadily worsened since they started.
 The problems come and go; by the time my child feels almost back to their usual self, the problems come back.
 The problems have ups and downs but haven't gone away completely since they started.

Has there been a time in the past when you have had similar problems? If so, when?

Below are listed several areas of functioning. Please check any areas that have become worse for you.

- | | |
|---|---|
| <input type="checkbox"/> Work performance | <input type="checkbox"/> Relationships with peers |
| <input type="checkbox"/> Relationships with family | <input type="checkbox"/> Ability to manage usual chores at home |
| <input type="checkbox"/> Interest in keeping up appearance | <input type="checkbox"/> Ability to control temper |
| <input type="checkbox"/> Ability to control behavior (acting before thinking) | <input type="checkbox"/> Ability to enjoy usual interests/hobbies |

Any other concerns about functioning? If so, please explain _____

Psychiatric History

Have you ever received counseling? _____ Y _____ N

If yes, please explain: _____

STEPHANIE COKER, LCSW, LCDC, CDWF
COKER COUNSELING AND LIFE COACHING, PLLC
 860 HEBRON PKWY., STE 803, LEWISVILLE, TX 75057 - 972.318.9272

Have you ever had psychological testing in the past? Y N
 If yes, date of testing: _____ Name and organization: _____
 What was the diagnosis/conclusion of testing? _____
 Can you provide a copy of results? Y N

Has your family ever participated in family therapy on behalf of you or another family member? Yes No
 If yes, please explain: _____

Have you ever attempted suicide? Yes No
 If yes, please state when and what type of treatment(s) experienced: _____

Have you ever thought of hurting and/or killing yourself? Yes No
 If yes, please explain: _____

Have you ever thought of hurting and/or killing someone else? Yes No
 If yes, please explain: _____

Have you ever participated in self harming behavior? Yes No
 If yes, please explain: _____

Have you ever had difficulty with eating habits, such as binge eating or purging? Yes No
 If yes, please explain: _____

Have you ever had hallucinations, such as hearing voices or seeing things? Yes No
 If yes, please explain: _____

Have you ever engaged in starting fires or cruelty to animals? Yes No
 If yes, please explain: _____

Have you ever experienced a traumatic event that resulted in nightmares and/or flashbacks? Yes No
 If yes, please explain: _____

Past Treatment History - Please list any previous psychiatrists, psychologists, therapists or programs:

Name of Person Seen	Dates Seen (mo/yr-mo/yr)	Medications Prescribed	Reasons Seen	Hospitalized? (Yes/No? Where)
1.				
2.				
3.				
4.				

Family History

List any blood-relatives (parents, siblings, grandparents, aunts, uncles, cousins, etc.) of the child who have any history of any emotional problems (depression, manic-depression, anxiety, schizophrenia, drug/alcohol abuse, suicide attempts, etc.), whether known or suspected.

Relation (Father, Aunt, Daughter, etc.)	Father/Mother's Side of Family?	Problem (Depression, Alcoholism, etc.)	Ever Hospitalized? (Yes/No)	Medications Taken (If known)
1.				
2.				
3.				
4.				

Substance Use

Have you ever had treatment for substance use? ____ Yes ____ No

If yes, when and where _____

Do you smoke cigarettes or use any tobacco products? ____ YES ____ NO

If yes, what and how often? _____ Intending to quit soon? ____ YES ____ NO

Medical History

Who is your family or "main" doctor? _____

When was your last appointment? _____ When was the last lab work? _____

Are there any medical procedures or chronic medical conditions you have experienced? If so, please explain:

Current Medications:

Medication	Dose (mg)	Times per day	When began? (mo/yr)
1. _____	_____	_____	_____
2. _____	_____	_____	_____
3. _____	_____	_____	_____
4. _____	_____	_____	_____

* Please list any medication allergies:

Past Psychiatric Medications - Please list any medications previously taken on a regular basis but not taking now:

Medication	Dose (mg)	Times per day	When began? (mo/yr)
1. _____	_____	_____	_____
2. _____	_____	_____	_____
3. _____	_____	_____	_____
4. _____	_____	_____	_____

Educational History

Did you attend college? _____ Where? _____ Major? _____

Highest level of Education? _____

Any learning disabilities? _____

Spiritual History

Do you currently attend a church or other spiritual organization? ___Y___ N If yes, where? _____
How often? _____ What is your preferred religious practice? _____
How comfortable are you with incorporating Spirituality into treatment? _____

Social & Family History

Were you adopted? _____ If so, was it a closed or open adoption? _____
Any problems or complications with your birth or delivery that you are aware of? _____
Any issues with early development (talking, walking, toilet training, feeding, etc.)? _____
Where were you raised and by whom? _____
Were or are your parents divorced? _____ If so, your age at time of divorce? _____
Father's occupation? _____ Mother's occupation? _____
Generally, describe the relationship (growing up and currently) with each parent: _____

Name, Age and Gender of Siblings you grew up with: _____
Generally, describe the relationships with each sibling: _____

If married, what if your spouse's occupation and employer? _____
Describe the relationship with spouse/significant other _____
Any prior marriages? _____ If so, how many? _____ For how long? _____
Do you have any children? _____ Ages? _____
List everyone currently living at home: _____

Occupational History

Are you currently working? ___Y___ N
How long in present position? _____ Employer? _____ Position? _____
Hours per week? _____ Job performance? _____
Where have you worked before and how long (summary only)? _____

Have you ever been in the military? ___Y___ N
If yes, dates and branch of service _____
Type of discharge? _____ Any combat experience? _____

Legal Information

Have you ever been warned, ticketed, or charged with MIP/DUI/DWI, public intoxication or other substance related offense? ___Y___ N
If yes, list each offense, date, charge and result: _____

Ever on probation or parole? ___Y___ N If yes, When? _____ For what offense? _____
Currently on Probation? ___Y___ N If yes, please explain: _____

Has your child ever reported abuse (physical or sexual) to you or any other adult? ___Y___ N
If yes, please explain: _____

Grief, Loss & Stressors

Has anyone close to you away in the last year? _____
Any significant losses for you in the past? _____
Any significant stressors or changes in the past year? (break up, moving, new job, starting new school, divorce or remarriage, caregiving for elderly parent, injuries, etc.): _____